The Hawai‘i Behavioral Risk Factor Surveillance System (HBRFSS) reports annual obesity rates for Native Hawaiian adults (18+ years). Figure 1 depicts the adult obesity rates for Native Hawaiians and the State of Hawai‘i from 2000-2014. Also included are the Healthy People 2020 and the OHA benchmarks. To achieve a 35% obesity rate, 24,655 people would be affected (84,998 down to 60,343) based on 2009 population estimates by the American Community Survey.
TERMS.

American Community Survey (ACS): An ongoing statistical survey conducted by the U.S. Census Bureau to collect population and housing information from about 3.5 million addresses yearly.

Behavioral Risk Factor Surveillance System (BRFSS): A phone survey initiated in 1984 by the Centers for Disease Control and Prevention (CDC) conducted in 50 U.S. states, the District of Columbia, and six U.S. territories. The Hawai‘i BRFSS (HBRFSS) is part of the national BRFSS.

Body Mass Index (BMI): A ratio of body weight (kg) to height (m²). If weight is in pounds (lb) and height in inches (in), multiply the ratio by 703 (NIH).

Healthy People 2020 (HP2020): A comprehensive report published by the U.S. Department of Health and Human Services (HHS) that provides national health goals and objectives on 42 topic areas for a 10-year period.

Obesity: A condition characterized by excessive body fat, a BMI of 30 or higher (NIH).

REFERENCES.


