CHRONIC CONDITIONS: Depressive Disorder

21.9%
Native Hawaiian Adults whose mental health was not good on 6 or more days of the past 30 days, in 2016

12.8%
Native Hawaiian Adults whose mental health was not good on 14 or more days of the past 30 days, in 2016

CHRONIC CONDITIONS: Depression

17.5%
Native Hawaiian Public High School Students had thoughts of Suicide During the past 12 months, in 2017

27.9%
Native Hawaiian Public Middle School Students ever had thoughts of Suicide, in 2017

ABOUT THE DATA
Source: Behavioral Risk Factor Surveillance System (BRFSS): The BRFSS is an ongoing telephone survey of adults (18 years and over). The BRFSS in Hawai’i is conducted by the Hawai’i State Department of Health and coordinated by the Centers for Disease Control and Prevention. (CDC)

Notes: The exact cause of depression is unknown. It may be caused by a combination of genetic, biological, environmental, and psychological factors.

In general, about 1 out of every 6 adults will have depression at some time in their life. Depression affects about 16 million American adults every year. Anyone can get depressed, and depression can happen at any age and in any type of person. (CDC)

ABOUT THE DATA
Source: Youth Risk Behavioral Survey (YRBS): A national school-based survey conducted by the CDC in conjunction with the State of Hawai’i Department of Health and Department of Education. The bi-annual YRBS monitors health conditions and risk behaviors among public middle and high school students, grades 6 through 12. (Hawai’i State DOH, DOE).

Notes: Occasionally being sad or feeling hopeless is a part of every child’s life. However, some children feel sad or uninterested in things that they used to enjoy, or feel helpless or hopeless in situations where they could do something to address the situations. When children feel persistent sadness and hopelessness, they may be diagnosed with depression.

Extreme depression can lead a child to think about suicide or plan for suicide. For youth ages 10-24 years, suicide is the leading form of death. (CDC)
RISK BEHAVIORS: Suicide Attempts

12.1%
Native Hawaiian Public High School Students had Attempted Suicide During the past 12 months, in 2017

3.2%
Native Hawaiian Public Middle School Students had Attempted Suicide During the past 12 months, in 2013

ABOUT THE DATA
Source: Youth Risk Behavioral Survey (YRBS): A national school-based survey conducted by the CDC in conjunction with the State of Hawaii Department of Health and Department of Education. The bi-annual YRBS monitors health conditions and risk behaviors among public middle and high school students, grades 6 through 12. (Hawaii State DOH, DOE).

Notes: Risk Factors for Suicide
A combination of individual, relationship, community, and societal factors contribute to the risk of suicide. Risk factors are those characteristics associated with suicide—they might not be direct causes.
(U.S. Public Health Service 1999)

RISK BEHAVIORS

8th
Leading Cause of Death among Native Hawaiians was Intentional Self-Harm (Suicide), 2011-2013 (Hawaii DOH)

3 of 100
Native Hawaiian Deaths was the result of Intentional Self-Harm (Suicide), in 2011 (41 of 1,598 Native Hawaiian deaths) (Hawaii DOH)

ABOUT THE DATA
Source: Youth Risk Behavioral Survey (YRBS): A national school-based survey conducted by the CDC in conjunction with the State of Hawaii Department of Health and Department of Education. The bi-annual YRBS monitors health conditions and risk behaviors among public middle and high school students, grades 6 through 12. (Hawaii State DOH, DOE).

Notes: Protective Factors for Suicide
Protective factors buffer individuals from suicidal thoughts and behavior. To date, protective factors have not been studied as extensively or rigorously as risk factors. Identifying and understanding protective factors are, however, equally as important as researching risk factors.
(U.S. Public Health Service 1999)